

# Passing/control square



## RULES

- Half players with ball outside square
- Players inside square check in to receive ball then pass back
- Use different parts of body to control

## POINTS

- Ask for ball
- Check to ball
- Decide early what body part to use
- Cushion ball
- Quality pass back

# Crossing



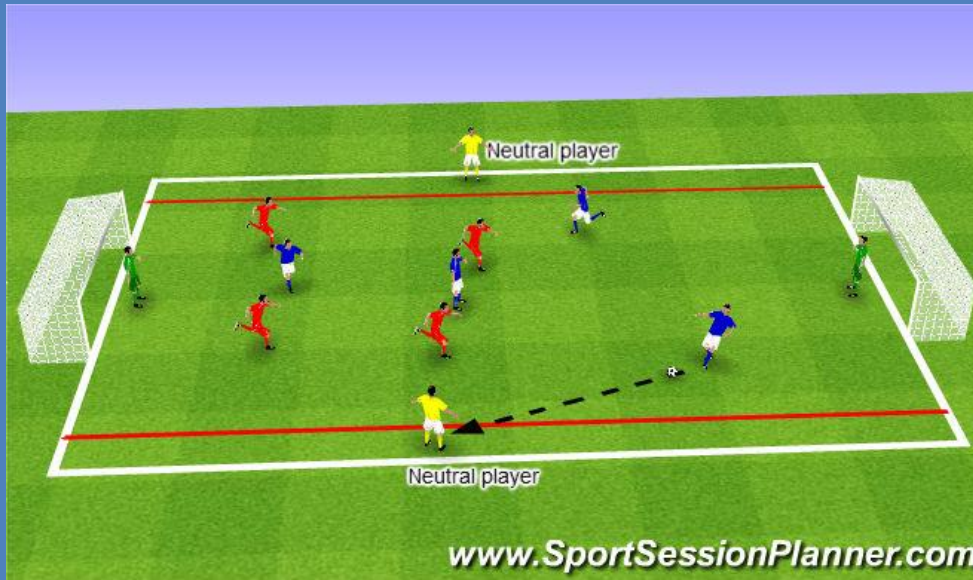
## RULES

- Player touches ball out of feet towards end line
- Player runs onto ball and crosses into middle
- Attacker looks to finish

## POINTS

- Good touch out of feet
- Head up to see attacker
- Head down to strike ball
- Striker makes bending run
- Attack ball once crossed

# Crossing Zones



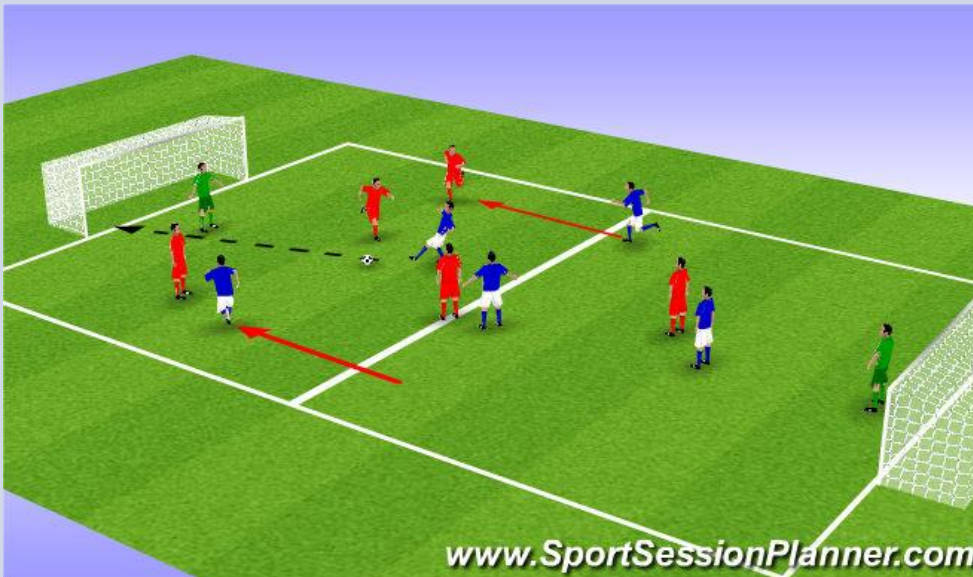
## RULES

- 2 teams with Goalkeepers
- 2 neutral players in crossing zones
- No players apart from Neutrals allowed in zones
- Use Neutral players to get crosses into box

## POINTS

- Quick movement of ball
- Runs into attacking positions
- Quality crosses
- Attack crosses

# 6v6 GAME



## RULES

- 6v6 with goalkeepers

## POINTS

- Play 1-3-1 to allow wide players
- Move ball quickly
- Get ball wide when possible
- Look for early crosses
- Make sure there are runners in the middle for cross